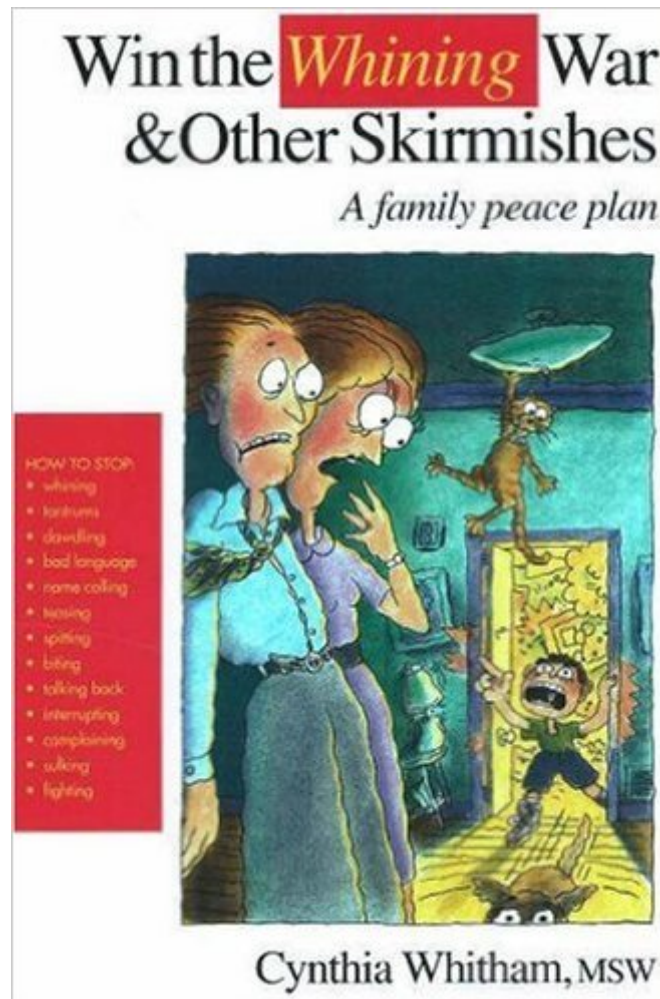


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# Win The Whining War & Other Skirmishes: A Family Peace Plan



## Synopsis

This easy-to-use guide helps parents increase cooperation and reduce conflict in households with children ages two through 12. Parents learn how to eliminate the tantrums, teasing, dawdling, interrupting, and complaining that drive them crazy.

## Book Information

Paperback: 208 pages

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Product Dimensions: 8.9 x 6 x 0.5 inches

Shipping Weight: 1 pounds

Average Customer Review: 4.1 out of 5 stars [See all reviews](#) (20 customer reviews)

Best Sellers Rank: #231,010 in Books (See Top 100 in Books) #215 in [Books > Crafts, Hobbies & Home > Home Improvement & Design > How-to & Home Improvements > Home Repair](#) #3577 in [Books > Parenting & Relationships > Parenting](#) #30903 in [Books > Health, Fitness & Dieting](#)

## Customer Reviews

"You may have chosen to be a parent, but you did not choose to give up your mental health in the process. I believe parents have a right to no-fuss mornings, tear-free bedtimes, low stress errand-running and time for themselves." ~Cynthia Whitham

Do you want to learn how to stop: whining, tantrums, dawdling, bad language, name calling, teasing, spitting, biting, talking back, interrupting, complaining, sulking and fighting, this is your guide.

Cynthia Whitham is a Licensed Clinical Social Worker who specializes in parent training. She also gives workshops for parents, teachers and therapists. She uses the ideas in this book at home with her own children.

Cynthia makes an excellent point about children finding negative ways to get attention. She recommends complimenting the good behavior and seeing if that helps change the situation.

"The more positive attention you give, the better things get."

This is a very organized book. Not only can you organize the behaviors you love, dislike and want to stop, you can also pick them right off a nice list.

I also loved her ideas of "do say and don't say." There are things that will encourage a variety of behaviors you might not want to encourage even when you are being positive. This has to do with sibling rivalry and making a child successful at the expense of others. Being compared to your brothers and sisters just isn't fun.

You will also see the value of: Making praise a habit. Making Big Tasks

ManageableHow to use "Ignore" to the best advantage.

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